



Great Northwest Athletic Conference

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2013-14 Women's Basketball Season Review (April 1, 2014)

Final 2013-14 Standings

	Conf.		Overall				
	W	L	W	L	H	A	N
xy-MSU Billings	15	3	25	8	15-0	6-3	4-5
xz-Western Washington	13	5	19	10	9-2	7-5	3-3
x-Alaska Anchorage	12	6	19	9	12-2	7-6	0-1
x-Simon Fraser	12	6	20	10	11-2	6-5	3-3
x-Seattle Pacific	11	7	18	9	8-4	7-4	3-1
x-Saint Martin's	11	7	18	11	11-3	6-5	1-3
Northwest Nazarene	8	10	15	11	11-5	4-6	0-0
Alaska Fairbanks	3	15	9	17	5-8	4-9	0-0
Western Oregon	3	15	6	20	5-10	1-8	0-2
Central Washington	2	16	7	19	4-9	1-8	2-2

x-clinched GNAC tourney berth; y-GNAC regular season champion; z-GNAC tourney champion

GNAC Championships (Mar. 5-8 at Lacey): Wednesday - #6 Saint Martin's 58, #3 Alaska Anchorage 48; #4 Simon Fraser 87, #5 Seattle Pacific 79. **Friday** - #2 Western Washington 81, Saint Martin's 71; Simon Fraser 85, #1 Montana State Billings 74. **Saturday** - Western Washington 78, Simon Fraser 74.

NCAA WEST REGIONAL (Mar. 14-17 at Pomona): Friday - #3 Simon Fraser 77, #6 Western Washington 70; #2 Montana State Billings 60, #7 Academy of Art 59; #5 Chico State 90, #4 Cal State Dominguez Hills 70; #1 Cal Poly Pomona 60, #8 Alaska Anchorage 56. **Saturday** - Montana State Billings 76, Simon Fraser 68; Cal Poly Pomona 89, Chico State 80. **Monday** - Cal Poly Pomona 75, Montana State Billings 68.

FINAL POLLS: WBCA (April 1) - 21. Montana State Billings
NCAA West Region (March 5) - 1. Montana State Billings 3. Simon Fraser 5. Alaska Anchorage 6. Seattle Pacific 9. Western Washington. **Note:** Final regional rankings are taken prior to conference tournament and don't necessarily reflect regional seedings.

NCAA Statistical Champions

Team: Steals/Gm. - Alaska Anchorage (14.3)

GNAC Statistical Champions

All Games

Individual: Scoring - Erin Chambers, SFU, 23.1. FG Pct. - Meg Wilson, SFU, 61.2. 3FG Pct. - Jordyn Richardson, SMU, 42.5. 3-Pt. FGs - Katie Colard, WWU, 2.7. FT Pct. - Suzanna Ohlsen, SPU, 91.7. Rebounds - Janiel Olson, MSUB, 9.7. Assists - Bobbi Knudsen, MSUB, 5.8. Steals - Taylor Simmons, NNU, 3.3. Blocked Shots - Jasmine Parker, CWU, 2.1.

Team Offense: Scoring - Alaska Anchorage, 79.6. Scoring Margin - Alaska Anchorage, 11.0. FG Pct. - Western Washington, 46.0. 3FG Pct. - Western Washington, 36.6. 3-

Pt. FGs - Montana State Billings, 7.82. FT Pct. - Northwest Nazarene, 79.0. Rebounding - Alaska Anchorage, 42.2. **Team Defense:** Scoring - Saint Martin's, 60.7. FG Pct. - Saint Martin's, 36.5. 3FG Pct. - Simon Fraser, 25.9. Turnover Ratio - Alaska Anchorage, 7.04. Steals - Alaska Anchorage, 14.3. Blocks - Western Washington, 5.0.

Conference Games

Individual: Scoring - Erin Chambers, SFU, 22.9. FG Pct. - Meg Wilson, SFU, 65.9. 3FG Pct. - Jordyn Richardson, SMU, 50.0. 3-Pt. FGs - Katie Colard, WWU, 2.9. FT Pct. - Suzanna Ohlsen, SPU, 93.3. Rebounds - Janiel Olson, MSUB, 11.5. Assists - Bobbi Knudsen, MSUB, 5.7. Steals - Taylor Simmons, NNU, 3.1. Blocked Shots - Rebecca Langmead, SFU, 2.6.

Team Offense: Scoring - Alaska Anchorage, 78.6. Scoring Margin - Montana State Billings, 11.8. FG Pct. - Western Washington, 47.2. 3FG Pct. - Western Washington, 36.2. 3-Pt. FGs - Montana State Billings, 8.1. FT Pct. - Northwest Nazarene, 78.4. Rebounding - Montana State Billings, 41.1.

Team Defense: Scoring - Montana State Billings, 62.7. FG Pct. - Western Washington, 47.2. 3FG Pct. - Western Washington, 36.2. Turnover Ratio - Alaska Anchorage, 5.44. Steals - Alaska Anchorage, 13.2. Blocks - Western Washington, 5.4.

NCAA Division II National Statistical Leaders

TEAM (Top 30): Ast./TO Ratio - 16. Montana State Billings (1.14) **Ast./Gm.** - 16. Alaska Anchorage (16.9) **Blks/Gm.** - 11. Western Washington (5.0) 20. Seattle Pacific (4.6) **Field Goal Pct.** - 12. Western Washington (46.0) **FT Pct.** - 4. Northwest Nazarene (79.0) **Fls./Gm.** - 3. Montana State Billings (14.6) **Rbnd. Margin** - 13. Montana State Billings (7.2) **Scoring Defense** - 28. Saint Martin's (60.7) **Scoring Margin** - 22. Alaska Anchorage (11.0) **Scoring Offense** - 11. Alaska Anchorage (79.6) **Steals/Gm.** - 1. Alaska Anchorage (14.3) 2. Northwest Nazarene (10.6) **3-Pt. FG Def.** - 11. Simon Fraser (25.9) 26. Saint Martin's (27.3) **3-Pt. FG/Gm.** - 11. Montana State Billings (7.8) **3-Pt. FG Pct.** - 19. Western Washington (36.6) **TO Margin** - 6. Alaska Anchorage (7.04) 30. Northwest Nazarene (3.50) **TO/Gm.** - 5. Montana State Billings (12.3) **W-L-T Pct.** - 29. Montana State Billings (.758).

INDIVIDUAL (Top 30): Ast./TO Ratio - 29. Bobbi Knudsen, MSUB (1.95) **Ast./Gm.** - 5. Bobbi Knudsen, MSUB (5.8) 16. Ally Schmitt, CWU (5.0) 17. Kiki Robertson, UAA (5.0) **FG Pct.** - 22. Jordan Wilson, UAF (55.2) **FT Pct.** - 4. Suzanna Ohlsen, SPU (91.7) 10. Chelsie Luke, NNU (89.7) **Pts./Gm.** - 6. Erin Chambers, SFU (23.1) **Stls./Gm.** - 4. Taylor Simmons, NNU (3.27) 7. Kiki Robertson, UAA (3.21) **3-Pt. FG/Gm.** - 21. Katie Colard, WWU (2.69).

DOUBLE-DOUBLES

- 8 Katie Benson, SPU
 7 Dana Goularte, WOU
 Megan Hingston, NNU
 6 Sarah Hill, WWU
 5 Meg Wilson, SFU
 4 Chelsea Haskey, SMU
 Rebecca Langmead, SFU
 Janiel Olson, MSUB
 Jasmine Parker, CWU
 Jordan Wilson, UAF
 3 Sydney Donaldson, WWU
 Bobbi Knudsen, MSUB
 Jessica VanDyke, CWU
 Megan Wiedeman, SMU
 2 Chelsea Banis, MSUB
 Kylie Burns, UAA
 Erin Chambers, SFU
 Kiki Robertson, UAA
 1 11 with.

30-POINT GAMES

- 37 Bobbi Knudsen, MSUB (WWU, 1-4-14)
 36 Angela Gelhar, SMU (at UAA, 1-11-14)
 34 Erin Chambers, SFU (UAA, 1-25-14)
 33 Erin Chambers, SFU (MSUB, 3-15-14)
 32 Erin Chambers, SFU (CWU, 1-11-14)
 31 Katie Benson, SPU (at Azusa Pacific, 11-23-13)
 30 Jessica VanDyke, CWU (Cal Baptist, 11-29-13)
 Megan Hingston, NNU (Cal Baptist, 11-30-13)
 Megan Hingston, NNU (SPU, 1-16-14)
 Erin Chambers, SFU (UAF, 1-23-14)

10-ASSIST GAMES

- 15 Ally Schmitt, CWU (UAA, 1-4-14)
 11 Bobbi Knudsen, MSUB (Montana Northern, 11-27-13)
 Christina Davis, UAA (MSUB, 12-5-13)
 Ally Schmitt, CWU (Hawaii Pacific, 12-16-13)
 Ally Schmitt, CWU (Hawaii Pacific, 12-17-13)
 10 Kiki Robertson, UAA (BYU-Hawaii, 11-16-13)
 Kiki Robertson, UAA (BYU-Hawaii, 11-19-13)
 Ally Schmitt, CWU (WOU, 2-27-14)

ALL-AMERICANS

DAKTRONICS: Third Team – Bobbi Knudsen, MSUB.

WBCA: Honorable Mention – Bobbi Knudsen, MSUB; Katie Benson, SPU; Erin Chambers, SFU.

DIVISION II BULLETIN: Third Team – Bobbi Knudsen, MSUB.

CoSIDA (Academic): Second Team – Katie Benson, SPU (Communications, Sr., 3.72, Snohomish, WA) **Third Team** – Suzanna Ohlsen, SPU (Biochemistry, Jr., 4.0, Monroe, WA).

ALL-REGION

DAKTRONICS: First Team – Bobbi Knudsen, MSUB; Erin Chambers, SFU **Second Team** – Katie Benson, SPU.

WBCA: Bobbi Knudsen, MSUB; Erin Chambers, SFU; Katie Benson, SPU.

NCAA West Regional (Mar. 13-17 at Pomona) – Bobbi Knudsen, MSUB; Kayleen Goggins, MSUB; Jada Blackwell, Cal Poly Pomona (MVP); Ariel Marsh, Cal Poly Pomona; Ashley Lovett, Cal Poly Pomona.

CoSIDA (Academic): Katie Benson, SPU (Communications, Sr., 3.72, Snohomish, WA); Bobbi Knudsen, MSUB (Biology, Sr., 3.49, Malta, MT); Suzanna Ohlsen, SPU (Biochemistry, Jr., 4.0, Monroe, WA).

ALL-CONFERENCE**First Team**

Name	School	Pos	Yr.	Home
+**Bobbi Knudsen	MSUB	G	Sr.	Malta, MT
+*Katie Benson	SPU	F	Sr.	Snohomish, WA
+Erin Chambers	SFU	G/F	Jr.	Mission, BC
*Megan Hingston	NNU	G	Sr.	Keizer, OR
Katie Colard	WWU	G	Jr.	McCleary, WA
Janiel Olson	MSUB	F	Jr.	Billings, MT

+–unanimous; *–repeater

Second Team

Name	School	Pos	Yr.	Home
Dana Goularte	WOU	F	Jr.	Port Orchard, WA
Sarah Hill	WWU	F	Sr.	Richmond, VA
Suzanna Ohlsen	SPU	G	Jr.	Monroe, WA
Chelsea Haskey	SMU	F	Sr.	Olympia, WA
Kylie Burns	UAA	F	Sr.	Kansas City, KS
Kiki Robertson	UAA	G	Fr.	Honolulu, HI

Honorable Mention

Name	School	Pos	Yr.	Home
Chelsea Banis	MSUB	C	Sr.	Fairfield, MT
Jordan Wilson	UAF	F	Fr.	Henderson, CO
Chelsie Luke	NNU	G	Sr.	Meridian, ID
Jessica VanDyke	CWU	G	Sr.	Chester, MT
Katie Lowen	SFU	G	Jr.	Lethbridge, AB
Jenni White	WWU	G	Jr.	Spokane, WA
Kayleen Goggins	MSUB	F	Jr.	Shepherd, MT

Player of the Year – +Bobbi Knudsen, MSUB

Defensive Player of the Year – Janiel Olson, MSUB

Freshman of the Year – Jordan Wilson, UAF

Newcomer of the Year – +Chelsea Banis, MSUB

Coach of the Year – Kevin Woodin, MSUB

+–unanimous

ACADEMIC ALL-CONFERENCE

Name	School	Yr.	GPA	Major	Home
Alyssa Hutchins	UAA	So.	3.47	Und.	Wasilla, AK
Jenna Buchanan	UAA	So.	3.45	English	Galena, AK
Jessica Madison	UAA	So.	3.32	Justice	Port Ang., WA
**Kylie Burns	UAA	Sr.	3.29	Dietetics	Kansas City, KS
Samantha Thornton	UAF	Sr.	3.36	Business	Bremerton, WA
*Jessica VanDyke	CWU	Sr.	3.90	Phys.	Chester, MT
Hannah Shine	CWU	So.	3.87	Phys.	Lynden, WA
Melanie Valdez	CWU	So.	3.83	Phys.	Richland, WA
Ally Schmitt	CWU	Sr.	3.75	Tourism	Snohomish, WA
Daisy Burke	CWU	Sr.	3.48	Law	Spokane, WA
Amber Moser	CWU	Sr.	3.41	Business	Willamina, OR
*Courtney Johnson	CWU	Jr.	3.36	Und.	Kent, WA
*Annie DePuydt	MSUB	Jr.	4.00	Business	Saco, MT
Chelsea Banis	MSUB	Sr.	4.00	Health	Fairfield, MT
Tenika Capouch	MSUB	So.	3.75	Health	Billings, MT
*Quinn Peoples	MSUB	Jr.	3.58	Education	Billings, MT
*Janiel Olson	MSUB	Jr.	3.57	Business	Billings, MT
*Kayleen Goggins	MSUB	Jr.	3.51	Education	Shepherd, MT
*Austin Hanser	MSUB	Sr.	3.50	History	Billings, MT
**Bobbi Knudsen	MSUB	Sr.	3.49	Biology	Malta, MT

Name	School	Yr.	GPA	Major	Home
Brandy Kumm	MSUB	So.	3.45	Health	Great Falls, MT
Taylor Simmons	NNU	So.	3.98	Biology	Middleton, ID
Katie Swanson	NNU	So.	3.74	Design	Ridgefield, WA
Ellen Ferrenburg	NNU	So.	3.65	Kines.	Eugene, OR
**Leslie Warwick	NNU	Sr.	3.41	Kines.	Boise, ID
*Megan Hingston	NNU	Sr.	3.36	Business	Keizer, OR
Cierra White	NNU	So.	3.29	General	Modesto, CA
Krista Stabler	SMU	So.	3.56	Eng.	Silverdale, WA
*Jori Skorpik	SMU	Sr.	3.26	Math	Kennewick, WA
Chelsea Haskey	SMU	Sr.	3.23	Biology	Tumwater, WA
Angela Gelhar	SMU	Jr.	3.20	Education	Vancouver, WA
*Suzanna Ohlsen	SPU	Jr.	4.00	Biochem.	Monroe, WA
**Katie Benson	SPU	Sr.	3.72	Comm.	Snohomish, WA
Maddey Pflaumer	SPU	So.	3.62	Psych.	Issaquah, WA
Riley Butler	SPU	Sr.	3.38	Phys.	Kent, WA
Molly Grager	SPU	So.	3.34	Biology	Kirkland, WA
Betsy Kingma	SPU	Jr.	3.56	Acctng	Bellevue, WA
*Katie Lowen,	SFU	Jr.	3.45	Arts	Lethbridge, AB
Chelsea Reist	SFU	Sr.	3.38	Arch.	Mission, BC
*Kia Van Laare	SFU	Sr.	3.36	Kines.	New West., BC
Angie Titus	WOU	So.	3.55	Education	Hood River, OR
Katie Goddard	WOU	So.	3.50	Ex. Sci.	Lk. Stevens, WA
**Melissa Fowler	WOU	Sr.	3.46	Biology	Canby, OR
*Dana Goularte	WOU	Jr.	3.45	Business	Pt. Orchard, WA

NEW GNAC RECORDS

Individual – Single Game

Most Field Goals Made, One Miss – 15, Megan Hingston, NNU (Cal Baptist, 11-30-13)

Free Throws Made – 16, Taylor Simmons, NNU (Cal Baptist, 11-30-13)

Free Throws Attempted – 20, Taylor Simmons, NNU (Cal Baptist, 11-30-13)

Individual – Single Season

Field Goals Made – 220, Erin Chambers, SFU (220-459)

Free Throws Made – 191, Erin Chambers, SFU

Free Throws Attempted – 231, Erin Chambers, SFU

Points – 692, Erin Chambers, SFU

Scoring Average – 23.1, Erin Chambers, SFU

Individual – Career

Field Goals – 680, Bobbi Knudsen, MSUB

Field Goal Attempts – 1,617, Bobbi Knudsen, MSUB

Free Throw Pct. – 89.5, Suzanna Ohlsen, SPU (171-191)

Assists – 532, Bobbi Knudsen, MSUB

Points – 1,831, Bobbi Knudsen, MSUB

Minutes – 3,838, Bobbi Knudsen, MSUB

Team – Single Game

Free Throws – 38, Northwest Nazarene (Alaska Anchorage, 1-2-14)

Fewest Steals Allowed – 0, Montana State Billings (Western Washington, 1-4-14)

Team – Single Season

3-Point FGs – 258, Montana State Billings

3-Point FG Attempts – 795, Montana State Billings

Free Throws Made – 591, Saint Martin's

Free Throw Attempts – 803, Saint Martin's

Steals – 400, Alaska Anchorage

Steals/Gm. – 14.3, Alaska Anchorage

3-Pt. FG Defense – 25.9, Simon Fraser

Opponent Stl. Avg. – 5.42, Montana State Billings

Individual – Streaks

Consecutive Field Goals – 19, Jordan Wilson, UAF (Nov. 8-17, 2013)

TEAM-BY-TEAM SEASON RECAPS

Montana State Billings (25-8 15-3 GNAC – 1st)

Entering the 2013-14 season as the preseason favorites, MSUB did not disappoint as the Yellowjackets completed a perfect 15-0 record at home en route to the GNAC regular season title.

After suffering devastating season-ending injuries to starter Annie DePuydt and GNAC leading rebounder and Defensive Player of the Year Janiel Olson, MSUB fell in the semifinals of the GNAC Championship tournament.

The Yellowjackets received the No. 2 seed in the West Region and advanced to the regional championship game before a season-ending 75-68 defeat at the hands of host Cal Poly Pomona.

Senior Bobbi Knudsen, who was tabbed as the preseason Player of the Year, was a unanimous pick for the honor after leading the conference in assists per game with 5.8 and averaging 17.2 points per contest. Knudsen was a third-team Daktronics and honorable mention WBCA All-American after being selected to the Daktronics West Region first team.

Knudsen finished her career as the GNAC all-time leader in points (1,831), assists (532), field goal attempts (1,617), field goals made (680), and minutes played (3,838), and was a three-time Academic All-Conference selection with a 3.46 GPA in biology.

The Yellowjackets earned four of the five major conference awards with Chelsea Banis unanimously named Newcomer of the Year and Kevin Woodin picked as Coach of the Year to join Knudsen and Olson as top honorees.

Banis averaged 10.8 points and 5.8 rebounds for MSUB, starting all 33 games and leading the team with 28 blocks. The senior transferred this season from Montana State, and was invaluable for the 'Jackets as she shot a conference second-best 55.4 percent from the floor.

Olson started 23 games before a torn ACL shelved her through the conference tournament, and she was the most prolific rebounder in the conference with 9.7 per contest. Olson also averaged 7.8 points per contest and was second on the team in steals with 28.

Junior honorable mention all-conference selection Kayleen Goggins was MSUB's second-leading scorer with 11.2 points and joined Knudsen and Banis as the three 'Jackets to start all 33 games. Goggins also averaged 4.8 rebounds and had 45 assists, 22 steals and shot 77.8 percent from the foul line.

Quinn Peoples' 73 made 3-point field goals were the second-most in the conference, as she contributed 8.9 points per game. Senior Austin Hanser played a crucial role in the postseason for the 'Jackets, assuming a starting role and contributing 54 assists on the season.

As a team, MSUB had the second-best scoring margin in the conference at plus-9.2, and shot a GNAC-third best 42.3 percent from the floor. The 'Jackets held the top rebounding margin in the conference at plus-7.2 and the top assist-turnover ratio at 1.1.

MSUB's 258 converted 3-point field goals and 795 3-point attempts were each new GNAC single season records. The Yellowjackets also tied a single game record for fewest steals allowed when they held WWU without one on Jan. 4. MSUB's season-long allowance of just 5.42 steals by opponents was also a new conference standard.

Western Washington (19-10, 13-5 GNAC – 2nd)

With its hopes of reaching the West Regional tournament dwindling at the end of the regular season, Western Washington stormed to its second-straight GNAC tournament title and earned an automatic berth into the West Regional playoffs.

WWU rode the performance of GNAC tournament MVP Jenni White to an 81-71 win over host Saint Martin's in the semifinals and a 78-74 triumph over Simon Fraser in the title game.

The Vikings drew a first-round regional rematch against the Clan, falling 77-70 in Pomona in the final game of their 2013-14 season.

Pacing the Vikings offensively all season was first-team all-conference selection Katie Colard, who averaged 14.7 points per game and led the GNAC in 3-point field goals with 78. The junior shot 82.6 percent from the foul line and had a team second-best 68 assists on the season.

White and senior Sarah Hill each earned honorable mention all-conference honors after averaging in double-figures in the scoring department.

White contributed 10.4 points per contest and ranked fourth in the conference in assists per game with 4.6 (134 total). The junior also led WWU in steals with 63, and her assist-turnover ratio of 1.7 was tied for third-best in the GNAC.

Hill was the third-leading rebounder in the conference with 9.0 per contest, and also averaged 10.0 points for the Vikings. The senior's 52 blocks were a team-high, and she shot 45.7 percent from the field while starting all 29 of the Vikings' games. Hill's six double-doubles were the fourth most in the conference.

WWU junior Sydney Donaldson also played a key role for the Vikings, averaging 9.3 points and 6.5 rebounds while shooting 46.6 percent from the floor. Donaldson also had 55 assists and her 44 blocks were second on the team only to Hill's 52.

Two freshmen who each had an immediate impact for head coach Carmen Dolfo were Tia Briggs and Taylor Peacocke. Briggs was one of the premier role players in the conference this season, averaging 9.7 points off the bench and shooting 52.6 percent from the floor.

Peacocke was WWU's second-leading scorer with 11.0 points per game, and she added 3.6 rebounds and shot 82.4 percent from the foul line.

WWU held the third-best scoring margin in the GNAC at plus-8.3 and led the conference in field goal percentage at 46.0. The Vikings were also the best team from long distance, converting 3-point field goals at a clip of 36.6 percent.

Defensively, WWU held the second-best rebounding margin in the GNAC at plus-3.0 while leading the conference with 145 blocks (5.0 per game).

Alaska Anchorage (19-9, 12-6 GNAC – 3rd-T)

Alaska Anchorage closed the 2013-14 regular season by winning seven of its final nine GNAC contests and earning the No. 3 seed heading into the GNAC tournament. The Seawolves fell to host Saint Martin's 58-48 in the quarterfinals in Lacey, but earned the No. 8 seed in the West Regional tournament.

UAA battled regional No. 1 seed Cal Poly Pomona to a tight finish in the regionals, but fell 60-56 in first round play.

After being picked to finish sixth in the preseason coaches' poll, UAA excelled under second-year head coach Ryan McCarthy to finish towards the top of the conference.

Leading UAA were second-team all-GNAC selections Kylie Burns and Kiki Robertson. Burns, a senior from Kansas City, Kan., averaged 12.4 points per game and a team-high 6.9 rebounds. She was the lone senior on the team and shot 36.1 percent from 3-point range and 78.5 percent from the free-throw line.

One of the top freshmen in the GNAC, Robertson started all 28 games for UAA and averaged 10.3 points at the point guard position. Robertson had a team-high 140 assists, second only to Knudsen's 193 among conference leaders. The Hawaiian led the GNAC in steals with 90 while shooting 41.8 percent from the floor and hauling in 4.1 rebounds.

Junior Alli Madison tied Burns for the team lead in points per game with 12.4, and was among team leaders with 67 assists and 45 steals for the Seawolves.

Jessica Madison was also a double-digit scorer for UAA with 10.9 points per game, and her free-throw percentage of 80.4 was the best on the team. Fellow sophomore Jenna Buchanan averaged 9.4 points per contest and her stellar 3-point field goal percentage of 42.2 was the second-best in the GNAC.

Juniors Emily Craft and Christina Davis were also key contributors for UAA, as the former averaged 7.2 points and 4.5 rebounds and Davis had 82 assists and 48 steals.

UAA's strong point all season was its ability to outscore opponents, as the Seawolves' GNAC-high 79.6 points per game ranked 11th across all of Division II. The prolific offense led to the best scoring margin in the conference at plus-11.0, and UAA also averaged the most rebounds per game in the GNAC with 42.2.

Thanks in large part to Robertson, UAA was the top team in the conference in assists per game (16.9) and steals per game (14.3), and its turnover margin of plus-7.04 was 3.5 points better than the next closest team.

UAA's 400 steals and average of 14.3 steals per contest were both new GNAC single-season records, and the latter mark was the best across all of Division II.

Simon Fraser (20-10, 12-6 GNAC – 3rd-T)

Advancing to the GNAC tournament championship game for the second consecutive season, Simon Fraser let a double-digit halftime lead slip away in a 78-74 loss to WWU. The Clan earned the No. 3 seed entering the West Regional and

took advantage of a chance at immediate redemption, ending the Vikings' season in the regional quarterfinals with a 77-70 triumph in Pomona.

SFU's 2013-14 campaign came to a close with a 76-68 loss to MSU Billings in the regional semifinals.

Junior guard/forward Erin Chambers earned honorable mention WBCA All-America honors after being a first-team all-West Region and unanimous first-team all-conference pick. Chambers led the GNAC and ranked sixth across Division II in scoring, as her 692 points and average of 23.1 per game were both new conference single season records.

Chambers also set a new GNAC standard for single-season field goals made (220), free-throws made (191) and free-throws attempted (231). With one year of eligibility remaining, Chambers has climbed onto the career leader board in scoring as her 1,289 points rank No. 20 in GNAC history.

Behind Chambers' record-setting scoring was a field goal percentage of 47.9 and a mark of 82.7 percent from the foul line. She also averaged 2.3 assists and 4.2 rebounds per game and was one of three Clan players to start all 30 contests of the season.

SFU's other double-digit scorer this season was Katie Lowen, who earned honorable mention all-conference selection with 11.3 points per game. Lowen was a 78.7 percent foul shooter and contributed 39 steals and 3.3 rebounds per game for the Clan. Lowen's 3-point field goal percentage of 36.7 led the team as well.

Part of a core of four seniors who comprised SFU's inaugural NCAA class, Marie-Line Petit started all 30 games and led the team with 110 assists. The Quebec native also averaged 7.9 points per game and was in the top-10 in the GNAC in assist-turnover ratio at 1.2.

SFU's top rebounder was junior Meg Wilson, who averaged 7.6 boards and 7.2 points for the Clan. Wilson also led the conference in field goal percentage at 61.2, and had a team-high 49 steals on the season. Wilson was among conference leaders with five double-doubles on the season.

Senior Rebecca Langmead led the GNAC in blocks with 60 and ranked third in blocks per game with 2.0. She also averaged 6.1 rebounds to go along with her 6.6 points.

Chelsea Reist started every game for SFU, contributing 6.9 points and 3.9 rebounds while shooting 75 percent from the foul line.

As a team, SFU ranked seventh in the GNAC in scoring margin at plus-3.2, but was exceptional from the field with a conference second-best 42.9 field goal percentage.

The Clan also led the GNAC and set a new conference single-season record in 3-point field goal defense, as they held opponents to a historic 25.9 percent from long distance.

SFU's 4.3 blocks per game were third-most in the GNAC, and the team's 15.6 assists were the second-highest total.

Seattle Pacific (18-9, 11-7 GNAC – 5th-T)

Seattle Pacific rode the performance of WBCA All-American Katie Benson to a fifth-place regular season finish. The Falcons faced Simon Fraser in the first round of the GNAC

tournament, falling 87-79 in quarterfinal action to close their 2013-14 season.

Benson closed a terrific four-year career as the fifth-leading scorer in GNAC history, as she totaled 1,645 points from 2010-14. Benson ranked second in both scoring (19.3) and rebounding (9.1) in the GNAC this season, while also leading the Falcons with 38 blocked shots.

Benson started all 27 games for SPU and shot a team-high 49.9 percent from the floor and 77.1 percent from the free-throw line. Her 49 steals were the second most on the team, and she earned second-team all-West Region honors after being a unanimous first-team all-GNAC pick.

Benson also led the conference in double-doubles with eight on the season.

The Falcons suffered a blow when preseason unanimous all-conference selection Aubree Callen went down with a season-ending injury after just three contests.

Stepping into the spotlight for SPU this season was second-team all-GNAC pick Suzanna Ohlsen, who averaged 14.3 points and started all 27 games for head coach Julie Heisey. Ohlsen shot 40.7 percent from the floor and led her team in both assists (101) and steals (54).

Ohlsen led the GNAC in free-throw percentage at 91.7 and is currently the career leader in that category at 89.5 over her three seasons. Ohlsen closed the season with 42 straight free throws, and will carry the streak into the 2014-15 season 36 shy of tying the GNAC and NCAA Division II all-time record of 78 (Jamey Gelhar, SMU, 12-18-08 to 2-28-09).

Also starting every game for SPU this season was Betsy Kingma, who averaged 9.6 points and shot a team-high 35.7 percent from 3-point range. Kingma's 55 assists were the second most on the team.

Hannah Rodrigues had a strong freshman campaign for the Falcons, averaging 5.0 points and 4.2 rebounds while shooting 40 percent from the floor in 22 starts.

Maddey Pflaumer complimented Benson in the rebounding department, averaging a team second-best 5.7 to go along with 5.0 points. Pflaumer's 22 blocks were also the second most on the squad.

SPU held a scoring margin of plus-5.0 thanks in large part to a conference second-best 63.9 points allowed per contest. Ohlsen's excellence from the free-throw line helped SPU to the No. 2 mark in the GNAC at 75.1 percent, and the Falcons held opponents to just 37.6 percent shooting on the season.

SPU's rebounding margin of plus-2.9 was the third-highest mark in the conference, and the team's 4.6 blocks per game ranked second behind WWU.

Saint Martin's (18-11, 11-7 GNAC – 5th-T)

Earning the No. 6 seed in the GNAC Championships, Saint Martin's made its first appearance in the tournament since it moved to a single location beginning during the 2011-12 academic year. The Saints hosted the tournament for the third consecutive season, and advanced to the semifinals with a 58-48 victory over Alaska Anchorage in the first round.

SMU's season came to a close against Western Washington with an 81-71 defeat a game shy of the conference championship.

The Saints were led by senior Chelsea Haskey, who averaged 13.0 points and 6.8 rebounds while starting all 29 of SMU's games. Haskey also led her team with 41 steals and her 34 blocks were second-most. She earned second-team all-conference honors for the second year in a row.

Angela Gelhar was SMU's other double-figure scorer with 11.0 points per contest, and she was close behind Haskey in steals with 38. Gelhar started 26 games for the Saints, and her free-throw percentage of 83.1 was the fourth-highest mark in the GNAC.

Bursting onto the scene for head coach Tim Healy was Megan Wiedeman, who produced 6.4 points and a team-high 7.4 rebounds per game during her sophomore campaign. Wiedeman also had a team-high 37 blocks, and her average of 1.4 per game was seventh-best in the conference.

Brooke Paulson played a key role as a junior, contributing 7.7 points per game and a team second-best 54 assists on the season while shooting 77.8 percent from the foul line.

Jordyn Richardson led the GNAC in 3-point field goal percentage, shooting at a clip of 42.5 percent from long distance. The junior averaged 6.1 points per game and shot 75.4 percent on free throws this season.

One of the Saints' most important players was point guard Jori Skorpik, who started 24 games and led the team in assists with 59. Skorpik also contributed 37 steals and averaged 25.9 minutes per contest.

Contributing to SMU's GNAC third-best free-throw percentage of 73.6 was Krista Stabler, who shot at 79.8 percent accuracy from the foul line. Stabler played in all 29 games - starting five - and averaged 7.4 points for the Saints.

SMU was powered by its defense, allowing the fewest points per game in the GNAC at 60.7. This figure came thanks in large part to a conference-best field goal percent defense of 36.5, and the Saints defended well against the 3-pointer too with a GNAC second-best 27.3 opponent percentage.

The Saints maintained a positive turnover margin at plus-2.86, ranking third in the conference. SMU's 591 made free throws and 803 attempts were each single-season GNAC all-time highs.

Northwest Nazarene (15-11, 8-10 GNAC – 7th)

After winning its first eight contests of the 2013-14 season, Northwest Nazarene just missed getting into the GNAC tournament and finished in seventh place in the final standings.

The Crusaders had difficulty gaining momentum, as the team did not win three games in a row following its hot stretch to start the season.

First-team all-GNAC selection Megan Hingston led the team and was ranked fifth in the conference in points per game with 16.0. The senior also paced her squad with 7.5 rebounds per contest and she shot 45.8 percent from the field.

Hingston completed her four-year career in the top-10 in GNAC history in scoring, as her 1,576 points rank seventh all

time. She set a new GNAC standard on Nov. 30 against Cal Baptist, as her 15 made field goals were the most with only one miss in a single game in conference history.

Hingston's seven double-doubles tied for second-most in the GNAC this season.

NNU's second-leading scorer Chelsie Luke averaged 15.0 points and 4.8 rebounds per game while shooting 41.3 percent from the floor. Her mark of 89.7 percent from the foul line was the second-highest in the conference, and she completed her career No. 6 all-time in GNAC free-throw percentage at 86.0. Luke also shot a team-high 40.4 percent from 3-point range and was an honorable mention all-GNAC pick as a senior.

One of NNU's most promising younger players this season was Taylor Simmons, who led the GNAC with 3.3 steals per game and averaged 12.7 points per contest. Simmons' 85 steals and 82 assists were both team highs, and the sophomore shot with 44.0 percent accuracy from the field.

Against Cal Baptist on Nov. 30, Simmons tied a GNAC single-game record for free throws made (16) and attempted (20).

Kylee Schierman was another key presence for NNU, averaging 6.8 rebounds while leading the team with 18 blocks this season.

Kayla Schumann was one of NNU's top perimeter shooters, notching a percentage of 40.2 from beyond the arc. The junior also shot 85.3 percent from the foul line.

As a team, the Crusaders were one of the top free-throw shooting teams across Division II, checking in at No. ___ by season's end. Among NNU's regular starters, none shot below 71 percent from the line.

NNU held a scoring margin of plus-4.3 and shot 40.9 percent from the floor. The Crusaders were No. 2 in the conference from 3-point range, converting at a clip of 32.5 percent.

Simmons was a big reason why NNU was second in the conference with 10.6 steals per contest, and the Crusaders' turnover margin was also second best at plus-3.50.

Alaska Fairbanks (9-17, 3-15 GNAC – 8th-T)

With a young team of six freshmen and just two seniors, the Nanooks saw Jordan Wilson emerge as one of the top players in the conference during her first collegiate campaign.

Wilson averaged 15.2 points and 7.1 rebounds for UAF, and was voted GNAC Freshman of the Year after starting all 26 games.

Wilson scored 27 points in her first-ever collegiate game and was the first Red Lion Player of the Week of the 2013-14 season. After missing the third shot of her career, Wilson made her next 19-in-a-row to set a GNAC record for consecutive field goals (Nov. 8-17, 2013).

Wilson's field goal percentage of 55.2 was the third-highest mark in the conference, and she shot 81.0 percent from the foul line. She also earned honorable mention all-conference for her efforts.

Junior Benissa Bulaya and freshman Victoria Milton were also key players for head coach Cody Bench, as each

averaged 8.5 points. Bulaya led the team with 103 assists and was second to Milton in steals with 45.

Milton contributed 4.0 rebounds and shot 72.4 percent from the foul line for UAF.

Freshman Kaillee Skjold emerged in the latter half of the season, as she finished averaging 7.7 points and a team second-best 4.6 rebounds for the Nanooks. Skjold also shot 42.9 percent from the floor and reached double figures in blocks with 10.

One of UAF's top perimeter shooters was Candace Prestwich, who logged a team-high 37 3-pointers on 31.1 percent accuracy.

Kelly Logue started 25 of 26 games for the Nanooks, and led the team with 16 blocks and had 43 steals while averaging 7.1 points.

The Nanooks were in the middle of the pack in terms of field goal percentage at 41.4 on the season, and UAF defended well against the 3-pointer with a GNAC third-best 27.8 opponent's percentage.

UAF's 9.7 steals per game were the third-most in the conference, and the team also averaged 13.8 assists per contest.

Western Oregon (6-20, 3-15 GNAC – 8th-T)

Riding the play of second-team All-GNAC pick Dana Goularte, Western Oregon had trouble establishing momentum and finished in a tie for eighth place.

Goularte was among conference leaders in most major offensive categories, as her 17.8 points per game ranked third and her 8.2 rebounds ranked fourth.

The junior forward shot 47.2 percent from the field and was second in the GNAC with 2.0 blocks per game (53 total). Goularte totaled seven double-doubles on the season, tying with NNU's Hingston for second-most across the conference.

Goularte also led her team in steals with 51 and was second in assists with 51, and she shot 73.2 percent from the free-throw line.

Joining Goularte in the double-figure scoring department was Chantel Divilbiss, who averaged 11.0 points per game and was one of the team's best 3-point shooters at 31.3 percent. The senior also shot a team-best 85.4 percent (35-for-41) from the foul line.

Facilitating WOU's offense as a point guard was Elise Miller, who led the team in assists with 58 and had a team second-best 48 steals. Miller contributed 4.8 points per game and started all 26 of WOU's games.

Kelsey Henry was one of WOU's better young players, as the sophomore averaged 7.5 points and 3.7 rebounds while shooting 40.7 percent from the floor.

Melissa Fowler's 4.8 rebounds per game were second to Goularte's average, and she also added 4.3 points and 36 assists on the season.

As a team the Wolves defended well against the 3-point field goal, holding opponents to a percentage of 30.2.

WOU ranked sixth in the GNAC in blocks per game with 3.2, and the team's 9.4 steals per contest were fourth most across the league.

Central Washington (7-19, 2-16 GNAC – 10th)

Leading her team in scoring with 13.5 points per game, senior Jessica VanDyke also set a school record with 174 career made 3-point field goals. The total also slates her 12th all-time in conference history in the category, and her average of 2.32 3-pointers per game is the third-best mark ever in the GNAC.

VanDyke also contributed 6.2 rebounds per contest for the Wildcats, and earned honorable mention all-conference selection in her final campaign.

Joining VanDyke as a top scorer for the Wildcats this season was another 3-point shooting standout in Courtney Johnson, who averaged 11.7 points per game.

Johnson's 1.8 3-pointers per game was the seventh-best mark in the conference, and she also led the team among qualifiers with a free-throw percentage of 78.9.

Senior Ally Schmitt was among conference leaders in assists, as her 5.0 per game ranked second behind MSUB's Knudsen. Schmitt turned in 6.0 points per game and tied for the team lead in steals on the season with 27.

Another key senior for CWU was Amber Moser, who averaged 8.7 points and 5.4 rebounds per game. Moser's field goal percentage of 54.5 ranked fourth in the GNAC, and she also had 16 blocks for the Wildcats.

One of CWU's most promising young players is Jasmine Parker, who averaged 9.7 points and led the team with 7.6 rebounds per game in her second season of college ball.

Parker also led the conference with 2.1 blocks per game, as her total of 54 was second only to SFU's Langmead. Parker shot 73.2 percent from the foul line and a solid 47.8 percent from the floor.

As a team the Wildcats averaged the second-most rebounds per game in the GNAC with 40.3 and held a rebounding margin of plus-2.0.

Parker was the main contributor to CWU's average of 3.6 blocks per contest, while Schmitt helped the Wildcats reach 12.3 assists per game.

No team in the GNAC averaged more defensive rebounds than the Wildcats, as CWU totaled 26.5 per game. The team also ranked No. 3 in offensive boards at 13.8 per contest, and made a GNAC fourth-best 6.3 3-pointers per game.

201-14 COACHES OF THE MONTH

February – Tim Healy, Saint Martin's

January – Kevin Woodin, Montana State Billings

December – Ryan McCarthy, Alaska Anchorage

2013-14 TEAMS OF THE WEEK

March 3-9 – Western Washington

Jan. 20-26 – Montana State Billings

Dec. 16-22 – Alaska Anchorage

Dec. 2-8 – Saint Martin's

2013-14 RED LION PLAYERS OF THE WEEK

Week of Feb. 24 – March 2: Amber Moser, Central Washington (F/C, 6-0, Sr., Willamina, OR – Sheridan) scored 18 points and added five rebounds, two assists, a steal and a block to lead CWU to a 74-58 win over Western Oregon on Thursday evening. The senior was 8-for-8 from the field in the contest and 2-for-3 from the foul line. On Saturday, Moser led her team in scoring for the second-straight game, logging 12 points in a 59-52 loss to Saint Martin's in her final collegiate game. Moser was a perfect 6-for-6 from the foul line on Saturday, and added four rebounds, three assists, three blocks and a steal in 34 minutes on the hardwood.

Week of Feb. 17-23: Suzanna Ohlsen, Seattle Pacific (G, 5-7, Jr., Monroe, WA – Monroe) pumped in a career-high 25 points – accounting for nearly half of the Falcons' total of 54 – and also grabbed a career-high eight rebounds on Thursday night, leading them to a 54-44 victory at Saint Martin's. Ohlsen hit 10-of-12 from the floor, including 3-of-4 from downtown, handed out three assists, and had four steals – converting all four into coast-to-coast lay-ups, and scored seven points during a decisive 10-0 run that snapped a 28-28 tie and put SPU in front for good at 38-28. She followed that with 12 points, six rebounds, five assists, and one steal on Saturday as the Falcons won at Western Oregon, 76-64. Ohlsen also hit all four of her free throws for the week, extending her streak to 31-in-a-row and pushing her GNAC-leading average above 90 percent to .904.

Week of Feb. 10-16: Megan Hingston, Northwest Nazarene (G, 5-9, Sr., Keizer, OR – McNary) scored 20 points in the Crusaders' first-ever win at Seattle Pacific on Saturday, and also logged four rebounds and an assist in the critical victory to help keep NNU's hopes for a GNAC tournament berth alive. The instrumental performance came two nights after a 14-point 7-rebound effort against conference-leading MSUB. Hingston currently leads the Crusaders in scoring average (16.0) and rebounding (7.7), and ranks fifth in the GNAC in both categories.

Week of Feb. 3-9: Chelsea Haskey, SMU (F, 6-1, Sr., Olympia, WA – Black Hills) scored 28 points and also had 12 rebounds, four steals and a pair of blocks leading the Saints to home wins over Alaska Anchorage and Alaska Fairbanks. She had 13 points, five rebounds, two assists, two blocks and three steals in Thursday's 56-46 win over UAA. On Saturday, she netted 15 points and also had seven rebounds to key a 67-66 win over UAF.

Week of Jan. 27 – Feb. 2 - Taylor Simmons, NNU (G, 5-8, So., Middleton, ID – Middleton) scored 36 points and grabbed 10 rebounds last week as the Crusaders defeated Alaska Fairbanks 86-81 and lost by just two to Alaska Anchorage on the road. Simmons was instrumental in both victories, dishing out 13 assists and providing a conference-high 12 steals on the weekend. The sophomore point guard also shot .476 (10-for-21) from the field and .789 (15-for-19) from the foul line in the victories. Simmons also played a team-high 68 minutes in the two games.

Week of Jan. 20-26: Erin Chambers, SFU (G/F, 6-1, Jr., Mission, BC – Heritage Park) led Simon Fraser to a pair of victories as she scored 64 points while shooting .629 (22-for-35) from the floor and .412 (7-for-17) from 3-point range. Chambers also converted 13-of-14 free throws and grabbed 10 rebounds while playing all 80 minutes for the Clan last week. On Thursday, the junior helped SFU edge Alaska Fairbanks by two points as she scored 30 points and hauled in five rebounds. Chambers was even better in a four-point

victory over Alaska Anchorage on Saturday, notching 34 points, five more rebounds and three assists. Chambers maintained her spot atop the GNAC scoring leaders, boosting her average to 22.8 points per game as she has scored a conference-high 387 points so far in 2013-14.

Week of Jan. 13-19: Sarah Hill, WWU (F, 6-3, Sr., Richmond, VA – Maryland-Baltimore County) scored 27 points and grabbed a GNAC-high 30 rebounds to help WWU to a pair of victories that extended the Vikings' winning streak to four games. Hill shot 10-for-22 from the field while averaging 32.0 minutes per contest last week. The senior also contributed three blocks, three steals and an assist. On Thursday, Hill notched a big double-double as she led all scorers and rebounders with 18 points and 16 boards in a 78-58 triumph over Western Oregon. Hill just missed a double-double on Saturday, scoring nine points and turning in a game-high 14 rebounds in WWU's 79-73 win over first-place Saint Martin's in Lacey. The wins propelled WWU into a four-way tie atop the GNAC standings, and Hill now ranks No. 8 in the conference in rebounds per game with 7.5.

Week of Jan. 6-12: Sydney Donaldson, WWU (F, 6-0, Jr., Edmonds, WA – Edmonds-Woodway) averaged a double-double with 18.0 points and 12.0 rebounds in a pair of WWU victories last week that extended the Vikings' home win streak to 24 straight and pushed them over .500 on the season at 7-6 overall and 3-2 in GNAC play. Donaldson powered WWU in a 71-64 victory over Central Washington on Thursday, leading all scorers with 21 points while grabbing nine rebounds, blocking five shots and dishing out five assists. The junior shot 8-for-10 from the field and 4-for-6 from beyond the 3-point line. On Saturday, Donaldson turned in 15 points while collecting 15 rebounds and posting four blocks and four assists in a 81-68 win over Northwest Nazarene. In all, Donaldson shot .583 from the field (14-for-24) and totaled nine assists and nine blocks against just three turnovers in 68 minutes on the floor last week.

Week of Dec. 30 – Jan. 5: Bobbi Knudsen, MSUB (G, 5-8, Sr., Malta, MT) had 55 points, 12 assists, and four steals and was a perfect 10-for-10 from the free-throw line with five rebounds. She led the team to an 81-63 win over Simon Fraser University and an 82-69 win over Western Washington University. In the game against SFU Knudsen had a team-high 18 points, six assists and two steals. In the win over WWU, Knudsen had a career-high 37 points, making 14-of-21 shots, including 3-of-4 from 3-point territory, for a shooting percentage of 66.6. Her 37 points is the highest by a women's player in the GNAC this season. "Bobbi Knudsen played a special game tonight," head coach Kevin Woodin said. "She had 37 points, and had six assists to only one turnover. It is probably one of the best perimeter games I have ever witnessed."

Week of Dec. 16-22: Bobbi Knudsen, MSUB (G, 5-8, Sr., Malta, MT) scored 32 points while dishing out 17 assists and grabbing 14 rebounds in a pair of South Point Holiday Hoops Classic games last week in Las Vegas. Knudsen led the Yellowjackets to a 78-58 win over Texas Woman's and was instrumental in MSUB's one-point loss to No. 6 Drury. Trailing by two points in the final minute against the Panthers, Knudsen drove into the paint, scored a layup and drew a foul. After converting the free throw to give MSUB a one-point lead with six seconds left, Drury scored a buzzer-beater from 18 feet to shock the Yellowjackets and escape with the victory. "Bobbi played some incredible basketball over the two games," MSUB head coach Kevin Woodin said. "Our team played the two best games we have all season, and Bobbi was a top contributor in both contests."

Week of Dec. 9-15: Krista Stabler, SMU (G, 5-6, So., Silverdale, WA – Central Kitsap) finished with a career-high 18 points on 5-of-9 shooting from the field while she was 8-of-10 from the line against Hawaii Hilo on Saturday. She also had career highs in rebounds with six and assists with four while adding two steals and committing zero turnovers in 27 minutes off the bench.

Week of Dec. 2-8: Dana Goularte, WOU (F, Jr., Port Orchard, WA – South Kitsap) averaged a double-double last week with 22.5 points and 12 rebounds in the Wolves' loss to No. 18 Northwest Nazarene and victory over Central Washington. Goularte averaged 36.0 minutes, shooting .538 from the floor and .800 from the free-throw line. She racked up four assists and six blocks and became the first WOU player since 2005 to grab 17 rebounds in a game when she accomplished the feat against NNU on Thursday. "She had one of the best all around performances I've ever seen," WOU head coach Holli Howard-Carpenter commented on Goularte's performance against NNU. "She defended, made some great passes and was a beast on the boards." The double-figure scoring performances gave her 22 total in her career, and her double-double on Thursday was the eighth of Goularte's career and third this season.

Week of Nov. 25 – Dec. 1: Kiki Robertson, UAA (G, 5-7, Fr., Honolulu, HI – Mid-Pacific) averaged 16.5 points and grabbed a dozen rebounds in a pair of games against Division I competition last week in the Great Alaska Shootout. Robertson averaged 34 minutes on the court, contributing a GNAC-high 12 steals and 11 assists in a victory against UC Riverside and a loss to Georgetown. Robertson shot 39

percent from the field, while turning in a solid 1.6 assist-turnover ratio.

Week of Nov. 18-24: Katie Benson, SPU (F, 6-1, Sr., Snohomish, WA – Snohomish) led the GNAC in scoring (28.5) and rebounding (11.5), and was second in blocks (3.0) and field goal percentage (.667) last week as the Falcons won a pair of games to improve to 6-0 in 2013. Benson also shot 83 percent from the free throw line and turned in seven steals while converting three-of-four attempts from long distance.

Week of Nov. 11-17: Katie Benson, SPU (F, 6-1, Sr., Snohomish, WA - Snohomish) averaged a double-double with 18 points and 12.5 rebounds in a pair of Falcon wins last week as SPU has started the 2013-14 campaign 4-0. Sixteen of Benson's 25 total rebounds were defensive, and she also turned in six steals and four blocks while committing just two turnovers. Overall, the senior shot 14-of-25 from the field and drained 7-of-8 free throws while averaging 25 minutes of action per game. Benson's 17 rebounds on Saturday night against Point Loma Nazarene tied her career high, and she was named tournament Most Valuable Player for the SPU-hosted Sodexo Tip-Off Classic.

Week of Nov. 4-10: Jordan Wilson, UAF (F, 5-11 Fr., Henderson, CO – Prairie View) posted a double-double with 27 points and 12 rebounds in her first career collegiate game. Wilson helped the Nanooks to an 87-72 victory over Western New Mexico, marking the first time UAF has won its season opener in four seasons. Wilson also notched an assist while shooting 10-of-11 from the field and sinking seven free throws on 10 attempts.